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BELLE AND SEBASTIAN

Stuart Murdoch talks about the band's upcoming concert. 16-17

Is second-half swoon awaiting Mets slugger Alonso? 20

Jon Favreau defends the legacy of 'The Lion King.' 14-15

MESSAGE HORROR

Jeffrey Epstein pleaded not guilty on Monday to sex trafficking, in which the billionaire is alleged to have recruited underage girls to perform nude massages and other sex acts. 2

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The billionaire faces up to 45 years in prison if convicted.

American financier Jeffrey Epstein pleaded not guilty on Monday to charges of sex trafficking as prosecutors accused him of luring dozens of girls as young as 14 to his luxury homes in New York and Florida and paying them for sex acts.

An indictment unsealed in federal court in Manhattan accused Epstein, 66, of arranging for girls to perform nude "massages" and other sex acts, and paying some girls to recruit others, from at least 2002 to 2005.

"The alleged behavior shocks the conscience, and while the charged conduct is from a number of years ago, it is still profoundly important to the many alleged victims, now young women," U.S. Attorney Geoffrey Berman said at a press conference. "They deserve their day in court."

Epstein was known for socializing with politicians and royalty, with friends who have included President Donald Trump, former President Bill Clinton and, according to court papers, Britain's Prince Andrew. None of those people were mentioned in the indictment.

Wearing dark blue jail scrubs, Epstein en-

Financier Epstein pleads not guilty to charges of sex trafficking



tered his plea before U.S. Magistrate Judge Henry Pitman to one count of sex trafficking and one count of sex trafficking conspiracy. Epstein faces up to 45 years in prison if convicted.

According to the indictment, the former hedge fund manager "intentionally sought out minors and knew that many of his victims were in fact under the age of 18, including because, in some instances, minor victims expressly told him their age."

Epstein, who registered as a sex offender under a 2008 plea deal in Florida, has said in earlier court filings that his encounters with alleged victims were consensual and that he believed they were 18 when they occurred.

Epstein will remain in jail until at least July 15, when a judge has sched-

uled a bail hearing.

Prosecutors have said Epstein should be denied bail, arguing he poses an "extraordinary risk of flight" because of his wealth, private planes and significant international ties.

MANHATTAN MANSION SEARCH

Epstein was arrested Saturday night at New Jersey's Teterboro Airport after returning from Paris on his private plane.

Prosecutors said a search of Epstein's mansion in Manhattan uncovered evidence of hundreds, and perhaps thousands, of nude photographs of "what appeared to be underage girls."

Berman encouraged other victims to come forward and contact prosecutors.

The case is being handled by the public cor-

"He's a lot of fun to be with. It is even said that he likes beautiful women as much as I do, and many of them are on the younger side. No doubt about it — Jeffrey enjoys his social life." Donald Trump

ruption unit of Berman's office.

Berman declined to discuss media speculation about people affiliated or associated with Epstein, telling reporters: "I urge you not to read into that one way or the other."

In 2002, then-businessman Trump praised Epstein in a New York magazine interview.

"I've known Jeff for 15 years. Terrific guy," Trump said. "He's a lot of fun to be with. It is even

said that he likes beautiful women as much as I do, and many of them are on the younger side. No doubt about it — Jeffrey enjoys his social life."

"MASSAGES"

According to the indictment, Epstein would initially recruit victims to provide "massages," which they would perform nude or partially nude.

Prosecutors said the encounters would be-

come increasingly sexual, sometimes including groping and indirect contact with victims' genitals, where Epstein would typically masturbate and ask victims to touch him while he did.

Epstein paid girls to recruit new girls, to ensure a "steady supply of new victims to exploit," prosecutors said.

Three unnamed employees, one in Manhattan and two in Florida, aided Epstein by arranging some of his sexual encounters, the indictment said.

At a second court hearing on Monday, U.S. District Judge Richard Berman asked Assistant U.S. Attorney Alex Rossmiller whether other people might be charged. Rossmiller said no additional indictment was imminent but it was possible "down the road." **REUTERS**

Warren raises \$19.1M for prez bid in second quarter

2 Democratic presidential hopeful Elizabeth Warren raised \$19.1 million in the second quarter of the year, placing her in the top three for the period among top-tier rivals, her campaign announced in an email to supporters on Monday. Earlier this year, Warren went further than her rivals, who have mostly refused to take money from corporate lobbyists, and swore off conducting high-dollar fundraisers. She has raised nearly all

of her money through online donations. The Massachusetts senator has seen her campaign on the rise in recent weeks, climbing in the opinion polls to secure a position in the top five. The top second-quarter fundraising hauls among Democratic candidates reported so far have been by South Bend, Indiana, Mayor Pete Buttigieg, who raised \$24.8 million, and former Vice President Joe Biden, who raised \$21.5 million. **REUTERS**

3 Gored on first day of Spanish bull-running fest

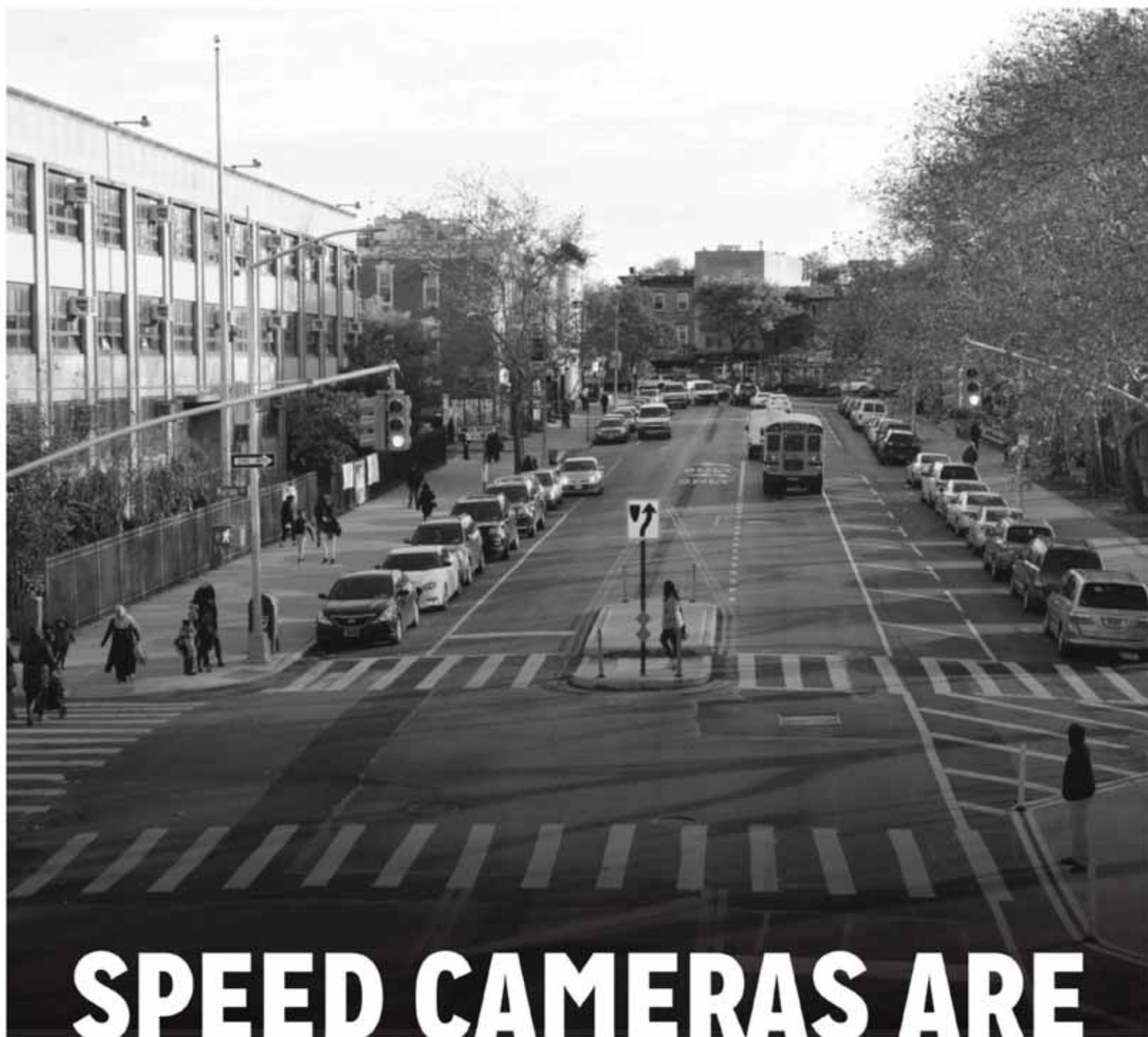
3 Three people were gored and a further two people suffered head trauma during the first day of Spain's best-known bull-running festival in the northern town of Pamplona on Sunday, the Red Cross said. One man was loaded into an ambulance on a stretcher shortly after the dash through the medieval town center's narrow streets to the bullring, which lasted two minutes and 41 seconds. Thousands of runners, dressed

head to toe in white, with bright-red neckerchiefs, gather every year for the traditional morning run, after which the animals are kept in the bullring until the afternoon's fights. A total 53 people were treated by the Red Cross. Runners often get injured at traditional bullruns in Spain, but no one has died at Pamplona's San Fermin festival since Spaniard Daniel Jimeno was gored in the neck by a Jandilla bull in 2009. **REUTERS**

Dem Rep. Swalwell ends long-shot White House bid

4 U.S. Rep. Eric Swalwell on Monday became the first major candidate to drop out of the Democratic presidential race, ending a long-shot bid fueled in part by his efforts to investigate Republican President Donald Trump. "I thank my supporters & friends, my staff, & my family for making this journey possible," Swalwell, 38, said on Twitter. He added he planned to run for re-election to Congress in his California district. Swalwell was

one of the more aggressive candidates on the Democratic debate stage last month, challenging former Vice President Joe Biden, 76, to "pass the torch" to a younger generation. But the approach did little to improve his standing in opinion polls among the more than 20 Democrats seeking the party's nomination. He was in jeopardy of falling short of the qualification requirements for the next round of debates later this month. **REUTERS**



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**To save lives, New York
City is expanding its
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On July 11th, the City will start issuing speed camera violations from 6 AM – 10 PM, Monday through Friday, year round. The City will operate speed cameras in 750 school speed zones. Expanding the speed camera law is one aspect of the City's comprehensive plan to eliminate traffic deaths and serious injuries. Learn more at nyc.gov/visionzero.



NEWS

Rainbow flag set on fire again at city's only black-owned gay bar

It's the second time in just over a month that the Alibi Lounge was targeted.



BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

For the second time in just over a month, a rainbow Pride flag was set on fire at New York City's only black-owned gay bar.

Harlem's Alibi Lounge took to Twitter to share the news of the incident, which occurred early Monday morning and is being investigated as a possible hate crime.

"There is [sic] no words to express what we're feeling! Evil has struck again!" the lounge tweeted early Monday morning.

This latest flag-burning occurred at the entrance of the bar between



TWITTER @ LOUNGE_ALIBI

12:20 a.m. and 12:45 a.m., NBC reported. As Metro previously reported, the first incident occurred at about 12:15 a.m. on May 31.

The NYPD has not made arrests in either case, though a suspect

was captured on video surveillance in the May 31 incident. It's not yet clear if police believe the same person is to blame for both crimes.

Alexi Minko, the lounge's owner, spoke with CBS about this latest

incident, saying, "It seems surreal that once again it happened, especially again since it happened I have to say we have had the protection of the NYPD who had been sitting in front of our door regularly and tonight."

He added, "I simply cannot grasp that it happened again."

Gov. Andrew Cuomo called the incident a "repugnant" act of hate, and offered the help of the New York State Police and the NYPD Hate Crimes

unit.

Police will reportedly use surveillance footage to help track down suspects.

Tweet



Alibi Lounge
@lounge_alibi

There is no words to express what we're feeling! Evil has struck again!

Anyone with information about either crime should call NYPD's Crime Stoppers Hotline at 800-577-TIPS (8477). For the Spanish language, call 888-57-PISTA (74782). You can also directly message them with information on Twitter at @NYPDtips. All calls are confidential.



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New York clears way for release of Trump's state tax returns

The president's attorney called the decision "more presidential harassment."

New York state on Monday cleared the way for Democrats in the U.S. Congress to obtain President Donald Trump's state tax returns, raising the possibility of fresh avenues of inquiry for lawmakers investigating his finances.

Gov. Andrew Cuomo signed an amendment to a tax law that would require the commissioner of the Department of Taxation and Finance to share state income tax returns and reports when certain congressional committees request them.

"This bill gives Congress the ability to fulfill its constitutional responsibilities, strengthen our



Gov. Andrew Cuomo. REUTERS

democratic system and ensure that no one is above the law," said Cuomo, a Democrat.

Trump's attorney Jay Sekulow responded to the law by calling it an example of "more presidential harassment."

"We will respond to this as appropriate," he said in a statement.

The law, effective immediately, opens a new avenue for the Democrat-

ic majority in Congress to investigate Trump's business affairs.

New York's state legislature has had a Democratic majority in both the House and the Senate since Democrats won control of the Senate in 2018.

Congressional Democrats have pushed for the release of Trump's tax returns since he took office.

In May, Treasury Secretary Steven Mnuchin denied the House Ways and Means Committee's request that the Internal Revenue Service turn over six years of Trump's federal tax returns, citing his belief that the committee did not have a legitimate legislative reason for the request.

The committee sued Mnuchin and the Treasury Department last week to appeal Mnuchin's decision. REUTERS



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HOW CAN YOU ACHIEVE YOUR DREAM SMILE?

Did you know that people with beautiful smiles are often perceived as more confident, happy and successful?

However, before you consider how aesthetically pleasing your smile is, you should consider how **healthy your smile is**.

According to the American Dental Association, "The mouth is a window into the health of the body." The mouth is filled with all different types of bacteria and a lot of them are linked to gum disease and tooth decay. The advanced form of gum disease (periodontitis) is linked to many other health issues including heart disease, stroke and bacterial pneumonia.

We cannot stress the importance of visiting your dentist and hygienist every six months for an exam and cleaning. Keeping your teeth and gums healthy for life will help you live a longer, more fulfilled life.

Once you know where you stand with your oral health, you can explore options for a beautiful smile. Thanks to the many advances in cosmetic dentistry, there are numerous ways to go about achieving an aesthetically pleasing smile.

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Floodwaters pour through North Arlington, Virginia.

REUTERS IMAGES

Life-threatening rains pound capital; White House basement offices leak

More than 3 inches fell within an hour at Reagan Airport.

northwest, in Arlington, Virginia, where about 5 inches fell from 9 to 10 a.m., Chenard said.

The rains eased by late morning and came to an end by around midday, Chenard said.

Driving rains flooded parts of Washington, D.C., on Monday, shattering a daily record in just an hour, forcing 15 swift-water rescues from stranded cars and causing an undeniable leak in the White House.

"This is a life-threatening situation. Seek higher ground now!" the National Weather Service warned amid torrential rains that dropped 3.3 inches at Reagan National Airport from 9 a.m. through 10 a.m. ET, shattering in one hour the previous record of 2.2 inches set in 1958.

It was the seventh-wettest July day since record-keeping began in 1871, said NWS meteorologist Marc Chenard.

"They broke their daily record in an hour," he said.

Even more rainfall was recorded further

Torrents of water streamed through the ceiling of Metro stations, and major arteries serving Washington's top museums and memorials shut down due to high water as local emergency personnel reported rescuing several people from cars. By midday, DC Fire and EMS said it had saved 15 drivers.

Firefighters used yellow rubber lifeboats to rescue those trapped by the floodwaters.

Twitter images showed a photograph of a very wet floor beneath office chairs and desks on the basement level of 1600 Pennsylvania Avenue.

"White House is leaking," CNN journalist Betsy Klein tweeted with the picture. REUTERS



Water flood is pictured at the Virginia Square metro station in Arlington.

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Demand Soars At NYC Medical Clinic For Promising Back Pain Treatment

Can This Medical Technology Possibly Eliminate Or Greatly Reduce Even The Most Severe Back Pain... Almost Instantly?

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many treatments...* especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will

help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy
"Radiofrequency Neurotomy" is often referred to as RF for short.

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

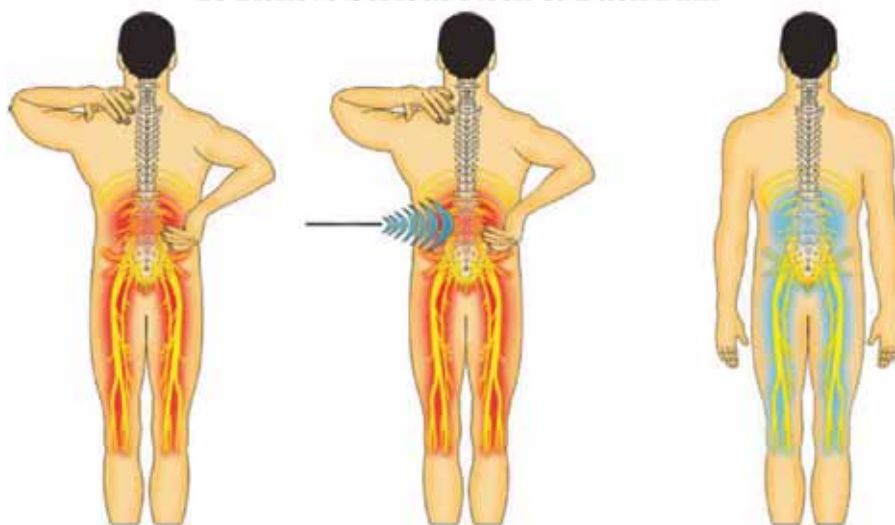
Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "blocks" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months... 18 months for some and some even longer. The great news is - another procedure can be safely performed for more relief if necessary.

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

While we cannot claim this is a complete "permanent cure" but... it can be a god-send for so many who were in constant pain.

Really... what would it be worth it to you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good nights sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is not surgical.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgery-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the NYC Pain MD treatments can be done in out in-office procedure suites saving you stress, time and dollars. NYC Pain MD believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at one of their advanced medical clinics.

Your Invitation

NYC Pain MD offers a limited number of complimentary back pain treatment screenings every

month. These screenings are a way for back pain sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at NYC Pain MD. If you would like a complimentary screening, just call 877-907-2934 and tell the scheduling expert who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-907-2934 for your free screening and find out if you can get out of pain today.

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President Trump.

REUTERS

President touts environment record, green groups scoff

Environmental groups called the speech "fantasy."

President Donald Trump boasted about his administration's environmental record on Monday, saying America can lead the world in fighting pollution at the same time it is promoting fossil fuels, in a speech green groups derided as "utter fantasy."

Trump, who has dismantled scores of environmental rules and rejected mainstream climate science since taking office, gave the speech at a time of growing national support for strong environmental protections. He is widely seen as vulnerable on that issue ahead of next year's presidential elections.

Trump said America was a leader in providing clean drinking water, had slashed air pollution and was cutting carbon emissions, all while bolstering industry and reducing regulation.

"A strong economy is vital to maintaining a healthy environment," he said. "Punishing Americans is never the right way to produce a better environment or a better economy. We have rejected this failed approach and we are seeing great results."

Trump made the speech at the White House alongside Interior Secretary David Bernhardt, Energy Secretary Rick Perry, Council on Environmental Quality chief Mary Neumayr and Environmental Protection Agency Administrator Andrew Wheeler.

Wheeler told reporters ahead of the event that key air pollutants have fallen around 70 percent since the 1970s, including "under Trump's watch."

EPA data show huge improvements in air quality in recent decades since the imposition of landmark environmental regulations like the Clean Air Act and Clean Water Act. But they also show some increases, since Trump took office, in fine particulate matter emissions like soot and

smoke from the combustion of coal and oil.

The United States also slipped in the global environmental rankings to No. 27 in 2018 from 26th during the last year of the Obama administration, according to the Environmental Performance Index, a project by Yale and Columbia universities to measure national performance on air, water, forestry and other metrics.

"There has never been a president who has actively pursued an agenda so hostile to the environment and public health at the behest of polluters than Mr. Trump."

Ken Cook, spokesman for the Environmental Working Group

Ken Cook, a spokesman for the Environmental Working Group, called Trump's speech "utter fantasy."

"There has never been a president who has actively pursued an agenda so hostile to the environment and public health at the behest of polluters than Mr. Trump," he said.

"It's absurd for President Trump to claim any environmental credentials when his administration continues to drive a destructive pro-polluter agenda at the expense of the American people," said Jill Tauber, vice president of litigation, climate and energy at Earthjustice, which has filed 120 lawsuits against the administration.

FOSSIL FUEL SUPERPOWER

The United States has become the world's biggest oil and gas producer over the last couple of years, thanks mainly to a technology-led drilling boom.

REUTERS

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Doctors Urge Knee Pain Sufferers

“Don’t Get ANY Surgery Until You See This...”

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It’s Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it’s complex. In other words, it’s not a simple, easy fix.

But I’m sure you already know that. Or you wouldn’t be reading this.

That’s the bad news.

Now for some good news...

Over the years, **NYC Pain MD** has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It’s amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

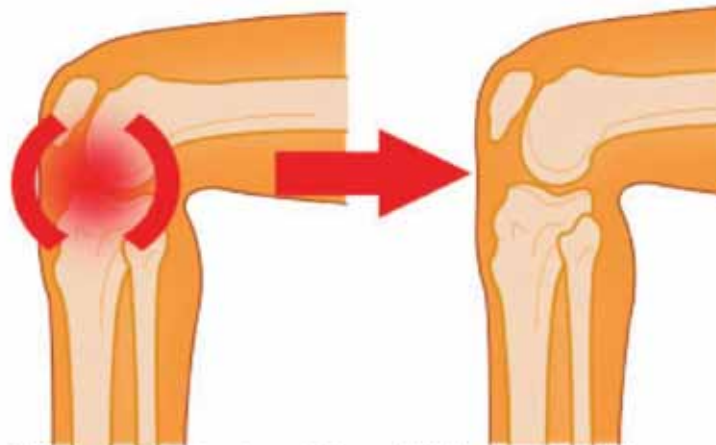
While I can’t give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, **NYC Pain MD** has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that **NYC Pain MD** offers.

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NYC Pain MD “Treatment Formula” A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, **NYC Pain MD** offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

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- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, **NYC Pain MD** feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At **NYC Pain MD** your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed **NYC Pain MD** to get better results than they thought possible.

Here’s What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... **NYC Pain MD** would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what’s going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what’s going on and what can or cannot be done.

There is so much we want to say to help you... but I’m out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



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And the singer's voice is shimmering
And the guitars are like laughing waters
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And the basso brings it home
And I want to jump
And wave my arms
And tell everyone to listen
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— Sal, Metro New York reader



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Aries Lay down some ground rules if you feel someone is being too controlling. Use your intelligence and have facts ready to back your feelings. Handle relationships with care.



Taurus Keep moving and don't stop until you are satisfied with what you've done. Expect to face opposition if you make a change that will disrupt your household or plans.



Gemini Consider your options and what you'll have to contend with to pursue your goal. Rely on your skills to help you get ahead, not on someone who is making empty promises.



Cancer Stay calm when dealing with partnerships. Before you jump to conclusions, consider every aspect of the situation and how to best make it work for everyone involved. Compromise will pay off.



Leo Get the go-ahead before you make changes that will affect other people. Communication will help broaden your awareness about emotional issues that have been ignored for too long.



Virgo Let the past go. If you hold grudges, you will miss out on something special. Take the plunge and get involved in something meaningful. Romance is on the rise.



Libra Don't labor over things you cannot change. Forward motion and new beginnings will help you expand your interests and friendships, and encourage you to use your skills more diversely.



Scorpio If change is what you want, do something to make it happen. Your actions will be what makes a difference. Stop spinning your wheels.



Sagittarius Listen earnestly and acknowledge what others are doing, but don't feel that you must be a follower. Use whatever information you gather to help in your own pursuit.



Capricorn Don't make a fuss when you should be making a move. If you don't like something, walk away. Don't take care of someone else's business when you should be dealing with your own.



Aquarius Consider what you want and how to make it happen. Check out the changes that need to be made and decide whether the effort's worthwhile. Pay attention to detail.



Pisces A minimalist attitude will help you stretch your budget and reach your goal. Distance yourself from anyone who isn't playing fair or is trying to entice you to be excessive. EUGENIA LAST

LIFESTYLE



Sideboard of the Manila showroom in Makati City, Philippines, where the "Star Wars" collection was presented for the first time. KENNETH COBONPUE

Collection inspired by
"Star Wars"

The epic space film saga relaunch of 2015, "Episode VII: The Force Awakens," has seen many products based on the story flooding the market. But recently a new stunning collection of furniture inspired by George Lucas' plot was developed by Filipino designer Kenneth Cobonpue. The so-called "Star Wars" line is totally handmade and emulates ships and characters from the movie. **MWN**



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My job was to defend the legacy of "The Lion King" **JON FAVREAU**

"The Lion King" is undoubtedly one of the most popular animated classics. Twenty-five years after the release of the original film, Disney has decided to release a live-action version with realistic animation that could be easily confused with a documentary feature. American director Jon Favreau was in charge of relaunching the musical film. He told Metro his main aim was to defend the legacy of the original 1994 movie while modernizing it with cutting-edge technology, including VR.



DANIEL CASILLAS,
MWN
letters@metro.us

Is it a great responsibility to direct the new version of "The Lion King"?
It is a great responsibility because people love the old one [movie] so much. So many people have seen the stage show, too, and both do a wonderful job telling that great story. So it was my job to protect the legacy of the original. We added some things to

make it feel original and new, so it feels different.

What is your "Lion King" story?

I saw the original. I was an adult already and then I saw it again with my children as they got old enough. You know, I had just finished working on "The Jungle Book" recently and I thought about how wonderful the music and technology was. I learned so much while working on that production, and I

thought it could be a real marriage. Because the story holds up incredibly well and the music is fantastic. I was very curious to see how the technology would work with these characters.

This film seems like a documentary.

Well, we had to come up with new processing, new techniques. Most of it revolved around virtual reality. That was something that had become available



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in the last few years. So we built programs to be able to do live-action camera movement within an animated movie. So we had a crew working to make this look like a live-action film.

Tell us more about the technology you used.

Well, we built essentially a virtual-reality game, a filmmaking multiplayer game, so that the whole crew could wear VR headsets and go in. It was built on a unity game engine system. And so we were programming it, writing code throughout the process because we figured out what tools we needed. We figured out how to use camera equipment to drive virtual cameras within the virtual set. It was like making an animated movie except we could go inside of it. And so we would watch the lions move around and perform together. Then we would set up shots with all of our crew as though we were filming real lions.

How was it to work without actors?

Well, you know, you do,

but you do it separately. In a live-action film, you are talking to the actor and you are talking to the cinematographer and the gaffer. Then you are checking how much time you have left with the AD so you have to juggle. But in this one, I would work with just the actors, record their voices and performances, they would go home and then I would work with just the film crew. Then just the musicians. So I separated everything, but I still got to collaborate with all of the same people.

What was the biggest challenge of creating this film?

The original was so popular and holds up so well that we had to make sure that we lived up to people's expectations. We also did

something new and fresh enough that justified why we had to make another version.

Are there many differences between this film and the older one?

Well, story-wise we really tried to stick very close to it, because it doesn't need reinventing. The story is still very strong and timeless. We had to find

ways to differentiate this from the other while



Jon Favreau. GETTY IMAGES

still maintaining the same story. And that came from casting and technology. There are new scenes and dialogues are different, the comedy has changed. But if you've watched it, you should definitely recognize the old film in it.

Some people say it is not really a live-action film. What is your opinion on that?

I think it is both. I think it is definitely an animated film because we used all the steps that you would in an animated movie, but we did use a live-action film crew to create within VR. And I think when you watch it, it will appear to be a live-action film. That was our goal. So, I think that people may confuse it with live-action because there are a lot of live-action Disney remakes, like "Beauty and the Beast," "Jungle Book" ... And this should feel like it fits in that collection, but we have used animation techniques.

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Belle and Sebastian's Stuart Murdoch on empathy, Morrissey, and the future of the band

The long-running Scottish indie-rock band comes to town this week.



PAT KING
patrick.king@metro.us

The long-running and critically acclaimed Scottish band Belle and Sebastian has always been more of a world that lead songwriter Stuart Murdoch has wanted to live inside than a body of incredible songs. As a young

man, Murdoch lost much of his youth while struggling with chronic fatigue syndrome, which left him bedridden on and off for nearly seven years. During this time, he wrote songs and hoped to one day form a band to perform the music and stories he had played out in his head.

After assembling friends and whoever was around in his hometown to round out the band that would make up Belle and Sebastian, he released numerous albums

such as "Tigermilk," "If You're Feeling Sinister" and "Dear Catastrophe Waitress" that have all now been deemed indie-rock classics. Murdoch, an astute student of pop music, quickly stood out among songwriting peers of his generation and the band gained a devoted base around the globe for his empathetic portrayals of everyday people just trying to make sense of the world.

When speaking on the phone with Murdoch ahead of the band's up-

coming tour through the U.S., we spoke about how to gain a sense of empathy in your lyrics when writing songs about complicated people.

"You don't learn empathy from other singers. Unfortunately, you learn empathy from experiencing human life," the ever-pleasant Murdoch explains. "I went through a more difficult experience when I was younger, and at the time I felt, 'Wow, this is a great waste of time.' I had spent seven years of my younger life

"When you sit down to write, it's not like you say to yourself, 'Wow, I'm a super-empathetic guy.' You want to write about these characters because it actually makes you feel better. You just want to write about people you see around you."

Stuart Murdoch

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GAELLE BERI

just languishing. But then, I couldn't have learned to write any other way. I guess that's how you pick up that sort of empathy, so to speak. When you sit down to write, it's not like you say to yourself, 'Wow, I'm a super-empathetic guy.' You want to write about these characters because it actually makes you feel better. You just want to write about people you see around you.

Naturally, the conversation turns to one of the faces that may be chiseled off of pop music's Mount Rushmore for championing the downtrodden, Morrissey.

"He's gone over to the other side of the political and emotional spectrum, which is crazy to me," says Murdoch, whose music can certainly warrant its fair share of comparisons to The Smiths. "Because there is no other artist who really encapsulated that sense of getting what it was like to fall off the human railroad, in a sense. He managed to say that better than anybody."

Murdoch and the rest of his band, including longtime collaborators Stevie Jackson and Sarah

Martin, have been on quite a bit of a hot streak in recent years with the release of the dance-influenced "Girls in Peacetime Want to Dance" in 2015 and the full-blown pop of "How to Solve Our Human Problems" in 2018. The band just announced the release of 13 new songs for a soundtrack to accompany the film "Days of the Bagnold Summer," directed by English actor and comedian Simon Bird. With such a solid band in place, Murdoch believes that the band is currently in a golden era in terms of creating with ease.

"To quote our last prime minister [Theresa May], we have been 'strong and stable' for the past 10 or 12 years," jokes Murdoch. "I think we've gone beyond that where we've started to loosen up a little bit. We're confident. Whether it takes a single voice or a large rock arrangement, we feel confident in each other to get it right. To not have everybody having to play at all times. We're really comfortable with each other. ... That one was quite a nice relaxed record to make [the new soundtrack]. It

is a good position to be in. We probably reap the rewards of being around the same people for so long. But as well, if people are relaxed about it, you can also bring other people into it. We have a working policy of anything goes these days."

Ever since regaining his strength following that horrible period of suffering from chronic fatigue syndrome, Murdoch has never turned down the direction of his artistic muse letting his music and unique perspective of life lead the way for nearly 23 years. Now, at 50 years old, if Murdoch could have chosen a different path instead of music, what would his life look like?

"I fantasize about public transport," he says. "I'm a real geek about public transport. But also, going along with the saving-the-planet vibe, I wish someone would give me a billion dollars to transform the public transport systems of upcoming cities and make super-green train systems. I'd love to do that!"

Belle and Sebastian play Brooklyn Steel this Wednesday, July 10.

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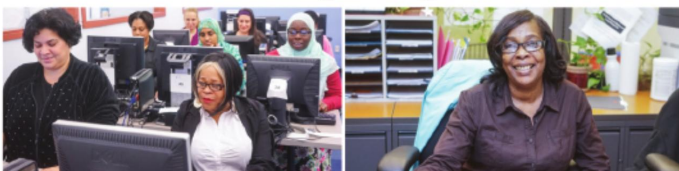
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THINGS YOU NEED TO KNOW ABOUT EXTREME TEMPERATURES AROUND THE WORLD

MIGUEL VELAZQUEZ | METRO WORLD NEWS



How are extreme temperatures and climate change related?

"Changes in intensity and likelihood of extreme weather is how climate change manifests. That doesn't mean every extreme event is more intense because of it, but a lot are. For example, every

heat wave occurring in Europe today is made more likely and more intense by human-induced climate change. But extreme events occur locally, so many things play a role — how much more depends strongly on the specific event: location, season, intensity and duration. But we can find out, and we did in a rapid

analysis of the heat wave that struck large parts of Europe during the last week of June 2019. We found that it was made at least five times more likely due to human-induced climate change.

With our international initiative World Weather Attribution, we've analyzed the influence of climate change on

extreme weather events in many cases, including hurricane Harvey (three times more likely) and recent cold spells in the U.S. (much less likely now than 100 years ago)."

2 Is there more interest in climate change now?

"I definitely think so.

In recent weeks, extreme temperatures were experienced in France, the U.K. and the U.S. For example, the southern part of Alaska registered a historic record of 90 degrees Fahrenheit, according to the National Weather Service in Anchorage. To find out how these natural events are related to climate change and how to deal with them, Metro chatted with Friederike Otto, director of the Environmental Change Institute at the University of Oxford, U.K.

While many scientists have been working on climate change issues for decades, Greta Thunberg, #FridaysforFuture, student strikes and Extinction Rebellion have brought the issue finally on many different actors' agendas worldwide. This has resulted in increased interest not only from individuals around the world, but from governments and businesses as well.

For example, the U.K. has a new target to reach net-zero greenhouse gas emissions by 2050, and both Canada and France have declared a climate emergency. However, it is vitally important that these declarations are more than just words. Everyone

who declares an emergency needs to define what is meant by 'emergency,' and act accordingly. A zero-emission target is only useful with zero-emission legislation following immediately."

3 Are the effects of climate change reversible?

"Yes and no. Recent heat waves show that the impacts of climate change are already here. Even if we reduce emissions and meet the 1.5-degree targets, the world is already 1 degree warmer than it was. Societies around the world need to adapt to this new world alongside our efforts to mitigate for the

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future. However, a recent report showed that the negative consequences of climate change can be significantly reduced. This will require a dramatic transformation of energy systems, land use, and carbon emissions, but the earlier we act, the easier it is to achieve the target. Yes, that's an effort, but not doing anything will cost much, much more. And it is not the rich people who will pay the price."

4 This year's COP25 in Chile seeks to agree on several actions to face climate change. What could be done?

"Many actions are required to mitigate climate change, but one thing is clear: individuals can't solve this alone. And stopping carbon emissions comes with a lot of other benefits, too, in particular for public health. We need legislation for the reduction of greenhouse gas emissions, we need to invest in renewable energy technology, and businesses need to dis-close their climate change

risks.

It is also crucial that cities plan and adapt to extreme weather events. For example, after a 2003 heat wave contributed to tens of thousands of premature deaths across Europe, France made heat plans to better prepare and reduce mortality. These were activated during the 2019 heat wave and measures including closing schools and setting up help lines reduced the impacts.

5 What could Metro readers do during extreme temperatures?

"Drink water, a lot of it; stay indoors during peak heat; look after your elderly relatives and friends and those who sleep rough.

Take heat waves seriously, they can be killers for all those who are already vulnerable. And talk about climate change all the time to everyone — that is by far the most important individual action you can do to tackle climate change."

"We can do this [combat climate change], it's not too late. It will make life better for all of us."



Friederike Otto, director of the Environmental Change Institute at the University of Oxford, U.K.
ALL PHOTOS GETTY

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SPORTS



Pete Alonso's 30 first-half home runs earned him a spot in the 2019 Home Run Derby last night. ALL GETTY IMAGES

Is dreaded curse waiting for Mets star Pete Alonso after Home Run Derby?

The Mets' rookie slugger was featured in last night's slugging competition.



JOE PANTORNO
joseph.pantorno@metro.us

What once was a novelty is now considered by many to be the crown jewel of Major League Baseball's All-Star weekend.

The 2019 Home Run Derby from Progressive Field in Cleveland became a must-watch event as baseball continues to develop into a homer-happy league.

Among the eight participants was Mets slugger Pete Alonso, the lone New York representative in the competition — providing a shallow consolation prize amidst another dumpster fire of a season.

The Mets entered the All-Star break 13.5 games out of first in the NL East.

Alonso, however, has

been one of a limited number of things Mets fans can be excited about alongside hitting machine and fellow All-Star Jeff McNeil.

The 24-year-old first baseman is mashing out of his mind right now with 30 home runs through his first 89 career MLB games.

That kind of production put him in exclusive company when it comes to rookie round-trippers.

His 30th dinger of the year on Sunday against the Philadelphia Phillies put him into a tie for second place alongside Yankees slugger Aaron Judge for most home runs hit by a rookie before the All-Star break in MLB history. Only Mark McGwire hit more when he recorded 33 with the Oakland Athletics in 1987.

Alonso also joined

Christian Yelich of the Milwaukee Brewers and Cody Bellinger of the Los Angeles Dodgers as



National

League's this season who have at least 30 home runs. It's just the second time in MLB history that three players in the same league hit that number before the All-Star break.

McGwire, Sammy Sosa and Greg Vaughn — all in the National League — accomplished the same feat in the magical 1998 season that saw both McGwire and Sosa break Roger Maris'

single-season home run record.

Looking at the Mets' franchise records, Alonso became just the second player in team history to hit 30 home runs before the All-Star break, joining Dave Kingman in 1976. Kingman would finish the season with 37, however, after injuring his wrist in the second half.

He's only 11 off the Mets' franchise record for most home runs in a single season, a record currently held by Todd Hundley in 1996 and Carlos Beltran 10 years later.

These are all pretty awesome records, right?

Things are only looking up for Alonso as he is the clear favorite to win the National League Rookie of the Year award in 2019.

Not so fast.

There is a dreaded Home Run Derby curse that has lingered in the past, in particular

Home Run Derby:

BOBBY ABREU, 2005
18 HR pre-Derby
6 HR post-Derby

BRANDON INGE, 2009
21 HR pre-Derby
6 HR post-Derby

DAN UGGLA, 2008
23 HR pre-Derby
9 HR post-Derby

JUSTIN MORNEAU, 2007
24 HR pre-Derby
7 HR post-Derby

However, Mets manager Mickey Callaway isn't concerned with any sort of jinx.

"I don't know, he has been playing Home Run Derby in the games all year. So I don't think it's going to mess his swing up at all," he told Newsday. "I'm not worried about it. Pete is a good hitter. He knows what he's doing, he knows what he needs to do to have success. He knows how to shorten his swing up in certain counts."

against a notable Met.

In 2006, David Wright finished second in the Home Run Derby after hitting 20 round-trippers in the first half. He would finish the season with 26.

He hit just five in an injury-shortened second half in 2013 when he was the hometown representative at Citi Field.

Here are some other notable droughts following appearances at the



American sensation Coco Gauff, at just 15, was eliminated in the Round of 16 on Monday at Wimbledon. GETTY IMAGES

Halep ends wayward Gauff's Wimbledon dream

The 15-year-old American phenom is out after a magical run.

REUTERS
sports@metro.us

Coco Gauff's dream Wimbledon run came to an abrupt end on Monday when the consistency of seventh seed and former world No. 1 Simona Halep proved a step too far for the 15-year-old American, who went down 6-3 6-3 in only 75 minutes.

After stunning Venus Williams then saving two match points en route to beating Polona Herczeg last week, Gauff was suddenly the hottest ticket in town, but she was always going to find it tough against Halep, last year's French Open champion and the first top 10 opponent she had ever faced.

Bidding to become the youngest Wimbledon quarterfinalist since fellow 15-year-old Jennifer Capriati in 1991, Gauff was by no means overawed, keeping the crowd entertained with some crashing backhands and athletic recoveries, but

there were also far too many simple errors that the American was never going to get away with at this stage of the tournament.

Halep, who had given an indication of her form when dismissing the dangerous Victoria Azarenka in the last round, initially struggled, including in the third game where she sent down three successive double faults.

But Gauff was even more inconsistent, mixing up some superb shots with some pretty awful ones.

Halep then began to find her range and quickly realized that she did not need to take too many risks, keeping the ball in play, accepting that the occasional winner would whistle past her but more often winning the point via a Gauff mistake.

That was enough to take the first set and the pattern continued, with more emphasis in a quickfire second.

MEDICAL TREATMENT

Gauff, who needed court-side medical treatment between the sets, started to snatch at her shots and became too loose while Halep did what she needed to as

the American racked up a total of 45 unforced errors in the match.

Gauff did save two match points when serving at 5-2 down but this time it was only a temporary reprieve as Halep finished her off in the next game.

The Romanian will now face China's Shuai Zhang in the quarter-finals and, with the bottom half of the draw looking wide open, Halep has a great chance of going on to make the final for the first time.

"I am really happy I can play in the quarter-finals again, it's one of my favorite tournaments," Halep said.

"I am not comparing myself with last year, that was the best because I won the French Open. But I want to win every match I play."

Gauff, who came to the tournament via a qualifying competition wildcard and ranked 313, can also expect to be challenging in the second week again in the future and has won a legion of new fans.

"Your journey is far from over," tweeted tennis great Billie Jean King. "Looking forward to watching your future successes on the court and off. #BigFan."

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NOTICE OF SALE

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BAYVIEW LOAN
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-Against-
CLARENCE PRYOR A/K/A
CLARENCE E. PRIOR, et al.,
Defendants. Pursuant to a
judgment of foreclosure
and sale entered on or about
November 20, 2018. I the
undersigned Referee will sell
at public auction at the 88-11
Sutphin Blvd., Queens County
Courthouse, Jamaica, New York
11435 on July 26, 2019 at 10:00 am.
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Street, Jamaica a/k/a
Addislaigh Park, New York 11434.
Block 10308 Lot 52**
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and improvements thereon
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in the Fourth Ward of the
Borough and County of Queens,
City and State of New York, as
more particularly described in
the judgment of foreclosure and
sale. Said premises will be sold
subject to all terms and conditions
contained within said Judgment
and Terms of Sale.
Approximate Amount of Judgment:
\$628,777.59 plus interest and costs.
Index No.: 11815/2013
Craig Zim, Esq. REFEE
McCabe, Weisberg & Conway, LLC
145 Huguenot Street, Suite 210
New Rochelle, NY 10801
Dated: May 31, 2019

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10043. New York County, for on-
premises consumption. 101 East
161st Restaurant Corp.

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Alcoholic Beverage Control Law
at 1204 Halsey St., Brooklyn,
NY 11207. Kings County, for on-
premises consumption. Halsey
Ale House, Inc.

LEGAL NOTICES

NOTICE OF SALE

Supreme Court
County Of Queens
Wells Fargo Bank, N.A., Plaintiff
AGAINST Harry O'Berry a/k/a
Harry E. O'Berry, Michael J.
Sancho a/k/a Michael Sancho,
et al, Defendant Pursuant to a
Judgment of Foreclosure and Sale
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for on premises consumption.
Zooba Eats, Inc. d/b/a Zooba

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Control Law at 142 North 5th St.,
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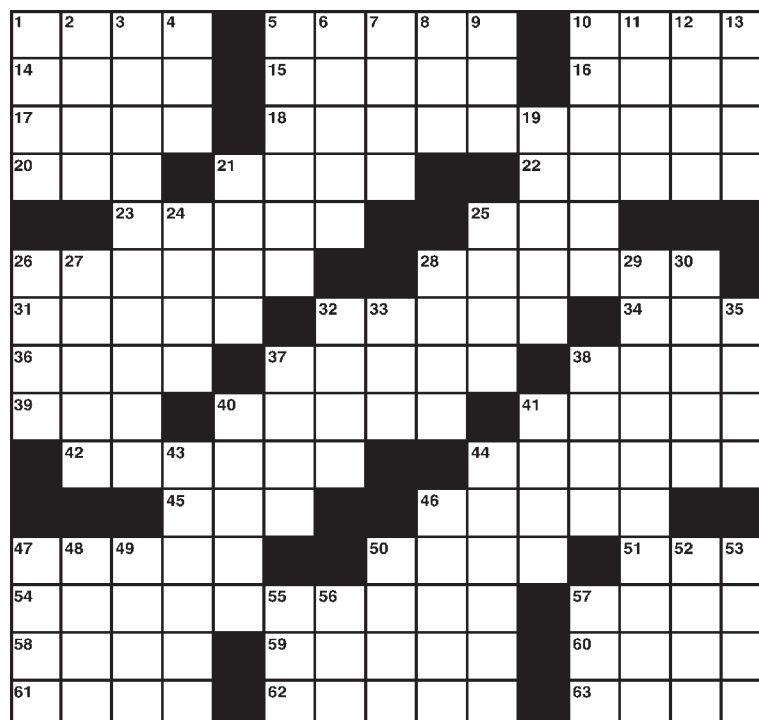
1 Calcutta dress
5 Actress __ Jessica Parker
10 Store away
14 Tearful request
15 Nom de __; pen name
16 Paper towel brand
17 Mini-market chain
18 Rams' home
20 Calendar abbr.
21 Sup
22 Prefix for sound or violet
23 Shed crocodile tears
25 Part of the weekend: abbr.
26 Bricklayers
28 Tension
31 Vote into office
32 Word attached to bed or in
34 Chum
36 Soft-furred weasel cousin
37 Meager
38 Verifiable

39 Fall month: abbr.
40 Devout
41 Donahue & Hartman
42 Chaperone
44 Oils & acrylics
45 Paris lily
46 Adhere
47 Off __; intermittently
50 Droplet
51 Keyboard key
54 Hairstylist
57 Bestow
58 __ a hand; help out
59 Baggy
60 Fail to mention
61 Not at ease
62 Suffers defeat
63 Cruz & Danson

DOWN

1 Canned meat
2 Soprano __ Gluck
3 Stands for
4 " __ a Rock"; Simon & Garfunkel hit
5 Divides
6 Without companions
7 Hoax
8 Drs.' assn.
9 Clucker
10 Slender
11 Slant

12 Finished; done
13 "Jeremiah __ bull-frog..."
19 Security
21 Start of a warning
24 Ridicule
25 Bit of numerical data
26 Office note
27 Wonderland visitor
28 Rand Paul & Mitt Romney: abbr.
29 Season of new growth
30 __ Ste. Marie
32 Kirkcaldy native
33 Greek letter
35 Not as much
37 Gentlemen
38 Skinny
40 Pencil tip
41 __ for; bought
43 Weather forecast
44 Jets & gliders
46 End
47 Deft
48 Have to have
49 "Shoot!"
50 Brief life sketches
52 Enthusiastic
53 Pot contents
55 Suffering
56 Dove's sound
57 __ it; understood

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Disney
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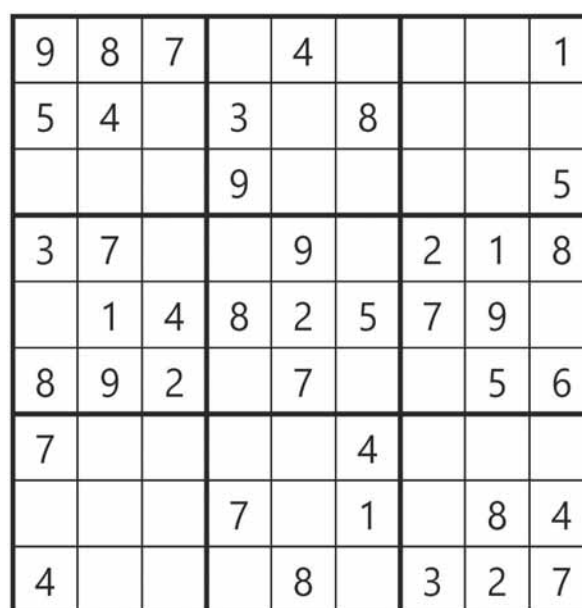
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